

**MORE ANNOUNCEMENTS:**

Sonny Sawansuk presented Prez Galloway with the banner of a Bangkok Thailand Rotary Club he recently visited. Nice job getting into the Rotary spirit Sonny.

Had Solberg and Jill Schroeder introduced our new inbound youth exchange student Birte Kamille Oen from Norway. She is fresh off the plane, 17 years old and living with the Murphy family. Be sure to introduce yourself.

By now the 2016 White Bear Lake Rotary Pontoon Floatilla is just a pleasant memory but it seems apparent that a good time was had by all. Special thanks go out to Gene and Marcia Altstatt for again hosting the event at their home and to Mother Nature for adding so much water to the lake.

**THE ROTARY CLUB  
OF WHITE BEAR LAKE  
PROUDLY PRESENTS  
5TH ANNUAL  
TASTE OF WHITE BEAR LAKE  
SEPTEMBER 10, 2016  
2:00—5:00 P.M.  
PINE TREE APPLE ORCHARD**

**FOOD FOOD FOOD  
LIVE MUSIC LOCAL WINERIES  
SILENT AUCTION AND BREWERIES**

Enjoy a fall afternoon in the beautiful surroundings of the Pine Tree Apple Orchard, while sampling some of the finest food and spirits in the White Bear area. All while helping raise funds for Rotary programs in our community and around the globe

[www.tasteofwhitebearlake.com](http://www.tasteofwhitebearlake.com)

**THOUGHT FOR THE WEEK:**

“It is not what a lawyer tells me I may do; but what humanity, reason, and justice tell me I ought to do.”

- Edmund Burke

**Lynda Halbert**, Rotarian guest from Stillwater Sunrise Club invited us to visit her at the Minnesota State Fair, at the Minnesota Newspaper Museum, on August 30th.

**PROGRAM:**

**Bill Rust introduced Al Zdrazil to present a program on domestic violence and how victims can be assisted in the workplace.** Al is a St. Paul Rotarian and spent 34 years working as a prosecutor for St. Paul and Ramsey County. He described domestic violence as a community health problem which spans the full socio-economic spectrum. It harms people and families in areas of poverty and affluence and it is a chronic condition. It does not occur once and go away. The average victim attempts to leave the abusive environment seven times before escaping and while its frequency remains high there are ways to reduce its impacts and assistance in the workplace is one.

Domestic violence usually follows a pattern that includes verbal abuse, emotional abuse, isolation, intimidation and threats, stalking and surveillance, sexual abuse, physical abuse and financial intimidation. Victims experience physical injury, depression and anxiety, low self-esteem and the affects on behavior appear in the workplace in the form of tardiness, absence, frequent requests for leave and drop in work quality. Victims are usually hesitant to discuss their problems for fear of reprisal, embarrassment or loss of their job. They want to be at work because they feel safer, and they need the income to seek independence from the abusive relationship.

Employers may provide assistance by recognizing the symptoms of domestic abuse and having polices in place which will allow victims time away from work for counseling, support, court, relocation, etc. Also by cooperating with orders for protection and training other employees to understand the problem and to be sympathetic. Al explained that a sample workplace policy to combat domestic violence is available on the Rotary district website.

Thanks Bill and Al for bring this informative program to our club.

*Writer of the week: Mark Sather*

**Rotary Club of White Bear—building friendships and improving lives through hands-on projects in the White Bear area and around the globe**

