



*Celebrating 40 Years of Service
To the Community
Rotary Club of White Bear Lake*

*Meetings
Wednesday at 7:45 a.m.
Via Zoom
(During Pandemic 2020)*



June 3, 2020

Program: Faynesse Miller, President
of Hamline University

Chairperson: Barb Duffrin

Classification: Michael Lovett, Taste of
White Bear Lake Update

Invocation: Rich Ramsay

Writer: Dick Galena

Wednesday Morning Meeting Info:

Wednesday mornings from 7:45 - 8:30 am
Join WBL Rotary Weekly Zoom Meeting
[https://us04web.zoom.us/j/530467809?](https://us04web.zoom.us/j/530467809?pwd=R3dHV1JXWHcxb2Frd3d1VDRPVXhrUT09)
[pwd=R3dHV1JXWHcxb2Frd3d1VDRPVXhrUT09](https://us04web.zoom.us/j/530467809?pwd=R3dHV1JXWHcxb2Frd3d1VDRPVXhrUT09)
Meeting ID: 530 467 809
Password: 991694
Prior recordings & files from presenters can be
accessed at:
[https://drive.google.com/open?](https://drive.google.com/open?id=11pN_Oh77b2fViH8x_hfT1t1JoHt-e0c7)
[id=11pN_Oh77b2fViH8x_hfT1t1JoHt-e0c7](https://drive.google.com/open?id=11pN_Oh77b2fViH8x_hfT1t1JoHt-e0c7)

Friday Virtual 5:01 Meeting Info:

Friday Evenings starting at 4:55 pm-?
Join Zoom Meeting
[https://us04web.zoom.us/j/555170854?](https://us04web.zoom.us/j/555170854?pwd=QVpFM1BjVVIYLzNDN3NUaG5yaW1vdz09)
[pwd=QVpFM1BjVVIYLzNDN3NUaG5yaW1vdz0](https://us04web.zoom.us/j/555170854?pwd=QVpFM1BjVVIYLzNDN3NUaG5yaW1vdz09)
[9](https://us04web.zoom.us/j/555170854?pwd=QVpFM1BjVVIYLzNDN3NUaG5yaW1vdz09)
Meeting ID: 555 170 854
Password: 022079

ANNOUNCEMENTS

***Week ten of White Bear Lake Rotary
meeting in virtual format due to the
COVID-19 virus pandemic***

Many Rotary volunteers have been giving
meaning to the Rotary theme “Service Above
Self” by packing kid packs for the Food Shelf
and providing daily lunches at the YMCA!
We are very grateful to **Pam Bowers** for lead-
ing these efforts!

Patty Hall described an effort developed by
WBL students to raise funds for soap, hand-
washing facilities, and water for residents of
the Navajo Nation which has been decimated
by the coronavirus. To donate see [https://](https://www.h2oforliveschools.org/sponsors/770)
www.h2oforliveschools.org/sponsors/770.
#WhiteBearNation, #NavajoNation,
#OneNation.

Mike Lovett is meeting with volunteers to
discuss potential plans for Taste of White Bear
in 2020.

Thank you to all who helped with flags for
Memorial Day!

We have been honored to have international
visitors join our Zoom meetings: Effron
Whyte; Alva Wood; Desmond Creary.

CLASSIFICATION: Tim Wald

Tim is the Assistant Superintendent for Finance and Operations at White Bear
Lake Area Schools, ISD #624. Prior to this role, he was WBL HS Principal. In that
role he had a variety of responsibilities which included: 1) facilitating the devel-
opment, implementation and evaluation of educational programs, 2) support and
supervision of faculty and staff, 3) allocating and managing resources, 4) assuring
student supervision 5) oversight and supervision of extra-curricular activities and
6) maintaining positive communication with families and the community.

Tim provided his family story of the impact of COVID as they were taking a family
vacation in the spring to France and Spain. With the onset of COVID, suddenly
borders started shutting down and flights back to the US were in jeopardy creat-
ing many anxious moments. Through diligence and good fortune, he was able to
get the family to Dublin and from there some flights were making their way to
JFK in NY. Standing in line for close to 10 hours and sleeping at the airport, the
family made it through the challenge and eventually got back to the US and
flights back to MSP. He noted that despite the anxiety and strain, the Irish staff
at the airport and the stranded travelers kept their cool and were generous to
one another – a reflection of the goodness in humanity.

BLOOD DRIVE

June 18, WBL Armory 11-5

For appointment: redcrossblood.org
or call: 1-800-REDCROSS (1-800-733-
2767)
Sponsor Code: WBL Community Drive

Mark your calendar: Late summer blood
drive, August 19, WBL Armory, 2-7 p.m.

Contact Bryan Belisle



PROGRAM: .Caryn Sullivan - Author, Speaker , and Columnist
“Bitter or Better”

Caryn spent nearly a decade honing her skills as an attorney at an international law firm and Fortune 500 company. But when her son was diagnosed with autism in 1993, she found her ability to dig for information and tenaciously pursue desired outcomes to be useful in unexpected ways. She stepped away from her law practice and became her family’s advocate as they faced a parade of life-threatening challenges – cancer, heart disease, and her daughter’s bone marrow transplant.

When her “w” suddenly changed from wife to widow in 2009, she found herself flirting with bitterness. But a priest offered life-changing counsel that informed how she lives her life. It also produced the title of her award-winning memoir, *Bitter or Better: Grappling With Life on the Op-Ed Page*.

She commented on how the COVID crisis underscores our futile efforts to “control” people, places or things. All we can really control is our own actions and “how we we respond”. We can be Bitter about our perceived challenges or lot in lifeor we can respond by being Better.

You may have read Caryn’s work on the St. Paul *Pioneer Press* Opinion page, where she is the only contributing columnist. In her reflective op-eds she offers a roadmap to resilience and insight into how we can find our way in and out of the “better” choice. She’s written on topics ranging from Alzheimer’s to addiction and about individuals and organizations familiar to and including Team Women members. But it was her writing about autism that earned her the ARC of Minnesota Community Media Excellence Award. Caryn’s writing also captured the attention of the Global Resilience Project, which identified 50 individuals from around the world who have faced extreme adversity but chosen to not only survive, but to thrive. In 2020, her story will appear in author Emma Bell’s audio book, *9 Secrets to Thriving*, as it has in numerous other books and online publications.

Writer of the week: Jim Rathburn

THOUGHT OF THE WEEK:

“Perhaps the greatest risk any of us will ever take is to be seen as we really are. Be kind,, have courage and always believe in a little magic. No matter how your heart is grieving, if you keep on believing, the dream that you wish can come true.”

- From Cindrella movie

**The Rotary Club of
White Bear Lake—
building friendships and improving
lives through hands-on projects
in the White Bear area
and around the globe**

UPCOMING MEETINGS

June 10: Russian Visitors via Zoom

Chairperson: Greg Bartz

Classification: Peg Black

Invocation: Bill Eaves

Writer: Bob Timmons

June 17: Jim Hunt, Parkinson’s—the disorder
and the fight against it

Chairperson: John Channon

Classification: Ryan Boog

Invocation: Bob Gehrke

Writer: Mark Sather

Future meetings:

June 24: TBD

Please note that program information may
change with the new virtual meeting for-
mat...stay tuned!

**MAIL OR PHONE CLUB NEWS TO THE
WBL ROTARY OFFICE:
MARLYCE PAULSON**

**P. O. Box 10809 WHITE BEAR LAKE, MN
55110**

OFFICE: 651.738.3022

E-MAIL: WBLROTARY1@COMCAST.NET

WEB SITE: WHITEBEARROTARY.ORG

BEAR BULLETIN DEADLINE: FRIDAY, 5 P.M.

WBL ROTARY PODCASTS:

WWW.WBLROTARY.PODBEAN.COM

**OR GO TO: ITUNES AND TYPE IN
WBLROTARY**

**_WBLROTARY TEAM MEETINGS—
CURENTLY HELD VIA ZOOM**

BOARD MEETINGS: Meets 4th Tuesday of each month, WBL City Hall, 7 a.m.

CLUB SERVICE TEAM: Meets 2nd Tuesday of each month, Eat @ Banning & 5th, 7a.m.

COMMUNITY SERVICE TEAM: Meets last Wednesday of each month, noon, location TBD

FUNDRAISER TEAM: Meets immediately following Wednesday meeting (seasonal)

INTERNATIONAL SERVICE TEAM: Meets 2nd Thursday of each month, Eat @ Banning & 5th, 7 a.m.

MEMBERSHIP TEAM: Meets 1st Tuesday of each month, 7:30 a.m., Caribou, Cty E & E Cty Line

PUBLIC IMAGE TEAM: Meets 3rd Thursday 7 a.m. Anchor Coffee

VOCATIONAL SERVICE TEAM: Meets 1st Thursday of each month, Keys Restaurant, 7 a.m.

YOUTH EXCHANGE TEAM: Meets 2nd Thursday, 4:30

p.m., Washington Square Grill

2019-2020 Officers/Directors

President.....John Channon

President-ElectPat McClernon

Past PresidentConnie Bossard

TreasurerMichael Lovett

SecretaryBob Timmons

Exec. SecretaryMarlyce Paulson

Public ImageKevin Donovan

Rotary Foundation. .Curt Akenson

Community Service. .Rita Pechmann

- Pam Bowers

Vocational Servi c e .Fred Treiber

.Ken Baltzer

Club ServiceKen Baltzer

.Chuck Sandstrom

MembershipGreg Bartz

InternationalJim Hunt

.Greg Bartz

Youth Exchange .. Tim Wald

Bulletin WritersMark Sather

Darrell Stone

Greg Young

Dick Galena

Bob Timmons

Jim Rathburn

Jackie Reis

InvocationsRich Ramsay

Bill Rust

Bob Gehrke

Steve LaLiberte

Rita Pechmann

Bill Eaves

Steven Griffith

Art Hancock