

**Classification - Bob Timmons**

A Rotary member since 2015, Bob and his wife, Vivian, have lived in White Bear Township for 22 years. Bob grew up in New England (born in New Haven, Connecticut). His dad was a journalist (as is Bob), and he moved the family to Rhinelander, Wisconsin, for a work opportunity.

Bob earned his undergrad in journalism at UW Eau Claire and then lived in California. While there he traveled to New South Wales, Australia, as a Rotary Group Study Exchange representing Central California.

Bob worked for a daily in California, the Santa Maria Times, then the LaCrosse Tribune and St. Paul Pioneer Press before moving to the Minneapolis Star Tribune. Five years ago his job changed from covering sports to editing the Friday Outdoors edition.

The Timmons have four children – three boys and one girl. They range in age from mid-20s to their youngest daughter, who is a senior at high school. Bob loves being outdoors, has run almost 40 marathons, enjoys doing trail work and loves road biking.

**DID YOU KNOW...**

**ROTARY'S SIX AREAS OF FOCUS:**

- ⇒ Promoting Peace
- ⇒ Fighting Disease
- ⇒ Providing clean water, sanitation and hygiene
- ⇒ Saving mothers and children
- ⇒ Supporting education
- ⇒ Growing local communities

..and ending Polio forever!

Rotary has been working to eradicate polio for over 30 years, and our goal of ridding the earth of this disease is in sight. We started in 1979 with vaccinations for 6 million people in the Philippines. Today, Afghanistan, Nigeria and Pakistan are the only countries where polio remains endemic.

**THOUGHT OF THE WEEK:**

“Easter is meant to be a symbol of hope, renewal and new life.”

**WBL ROTARY ANNOUNCEMENTS**

- **Congratulations and welcome to new Rotarians** inducted April 10: **Art Hancock, D.J. Clark and Alicia McHugh.**
- Curt Akenson presented the **inspiration pin** to **Tim Geck** in recognition of what he does for Rotary and the community.
- The **Benefactor Award from Rotary International** was presented by Curt Akenson to **Jim Hunt.**
- **Ken Galloway** announced that he and **Greg Bartz** are sponsoring a table at the May 9<sup>th</sup> art center dinner. Please reach out to Ken or Greg if you'd like to sit at their table.
- **Greg Bartz** announced that the Open World group will be here from June 14 through June 22<sup>nd</sup>. We are looking for host families during this time. **Guests** included Dick Wicklund (one of the founding five of the WBL Rotary), Tyler Jolly, Spencer McLachlan, Mariah Varan, Brianna McIntyre and Gary McIntyre (guests of Don Craighead), Nancy Watkins.

**Program: YMCA Update**

Gene Altstatt shared his Y journey from dances as a young man to becoming a contributor and board member. He presented three Y leaders who gave an update on Maplewood (formerly Maplewood Community Center) and White Bear Lake Area YMCAs.

**Linda Clausen**, the branch director at the White Bear Y, shared a story about a member who made a resolution to lose weight. A few weeks into dieting, she decided to join a gym - the Y. She worked out, then met with a trainer to make improvements including looking at her diet and nutrition. She has made a remarkable turnaround losing 73 pounds so far. Her walks home from the gym used to take two hours and now take just 32 minutes.

**Kristin Reither**, who works mostly at Maplewood, shared information about a community garden at the WB Y. The garden has grown to 25 plots and they are rented by individual members (on sale now) and used in youth programming (kids learn about gardening, food, etc.).

Safety around the water is important at the Y. One program, teaching kids what to do if they fall in the water, serves over 500 kids in WB and Maplewood schools (swim suits provided if needed). At WB, a grade level visits the Y from each elementary school. Another water safety focus is providing lifeguards (now hiring) at three community beaches (two on WBL and Silver Beach).

The Y partnered with the City of Maplewood (started Spring, 2015) to operate the former community center. They put \$1.5 million into the facility adding banquet space, expanding the fitness center and studio spaces, updating equipment and family locker rooms. They also added a child care space that is kid-friendly and includes an indoor play structure. Future renovations include the outdoor space this spring followed by locker rooms and third floor improvements.

Y Executive Director **Shane Hoefer** said the Maplewood Y has grown so much it now has its own charter and will soon have its own board (instead of a shared board with White Bear). The Y is open to new board members and Rotarians were invited to consider this opportunity.

Shane said they are having conversations regarding the need for lifeguards at Memorial Beach. He discussed the Youth in Government program that includes a delegation from the WB area.

Finally he thanked Rotary members individually and as a group for supporting Y Partners, which provides scholarships to needy families. The contribution from the club is provided through the Community Service Team.

*Writer of the week: Cathy Wyland*

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**The Rotary Club of White Bear Lake—  
building friendships and improving lives through hands-on  
projects in the White Bear area and around the globe**

### UPCOMING MEETINGS

**April 24: Tessa Makepeace, “Bilingual Child Care & Education Center”**

**Chairperson: Had Solberg**

**Classification: Tim Wald**

**Greeters: Pat McFarlane & Bill Eaves**

**Invocation: Bill Eaves**

**Writer: Mark Sather**

**May 1: Officer Louis Ferraro,  
“Police Officers as Guardians  
in 21st Century Policing”**

**Chairperson: Ken Baltzer**

**Classification: None**

**Greeters: Rich McNamara & Chuck Edson**

**Invocation: Rich Ramsay**

**Writer: Bob Timmons**

**May 8: Ron Solheid, “Minnesota  
Corrections System”**

**Chairperson: Ellen Hiniker**

**Classification: Daniel Ward**

**Greeters: Craig McNulty & Eric Edson**

**Invocation: Steven Griffith**

**Writer: Dick Galena**

### UPCOMING MEETINGS:

**May 15: Fred Treiber presents: Bob Brydges,  
“Brydges Youth Center in Kenya”**

**May 23: Craig Drake & Kevin Donovan present:  
“Leadership Tomorrow”**

**May 29: Pam Tschida presents: Dave Newman  
“Fast for Hope”**

**At least three weeks in advance of your schedule,  
please contact Jeff Otto: [Jeff.otto@opmpallet.com](mailto:Jeff.otto@opmpallet.com)**

*Mail or phone club news to the*  
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**e-mail: [wblrotary1@comcast.net](mailto:wblrotary1@comcast.net)**  
**Web Site: [whitebearrotary.org](http://whitebearrotary.org)**  
**Bear Bulletin Deadline: Friday, 5pm**

### WBL ROTARY TEAM MEETINGS

**BOARD MEETINGS:** Meets 4th Tuesday of each month, WBL City Hall, 7 a.m.

**CLUB SERVICE TEAM:** Meets 2nd Tuesday of each month, Eat @ Banning & 5th, 7a.m.

**COMMUNITY SERVICE TEAM:** Meets last Wednesday of each month, noon, location TBD

**FUNDRAISER TEAM:** Meets immediately following Wednesday meeting (seasonal)

**INTERNATIONAL SERVICE TEAM:**  
Meets 2nd Thursday of each month, Eat @ Banning & 5th, 7 a.m.

**PUBLIC IMAGE TEAM:** Meets 2nd Wednesday of each month, 6:30 p.m. location TBD

**VOCATIONAL SERVICE TEAM:** Meets 1st Thursday of each month, Keys Restaurant, 7 a.m.

**YOUTH EXCHANGE TEAM:** Meets 2nd Thursday, 4:30 p.m., Washington Square Grill

#### 2018-2019 Officers/Directors

*President* . . . . . Connie Bossard

*President-Elect* . . . John Channon

*Past President* . . . Craig Drake

*Treasurer* . . . . . Pat McClernon

*Secretary* . . . . . Michael Lovett

*Exec. Secretary* . . . Marlyce Paulson

*Public Image* . . . . . Bob Timmons

*Rotary Foundation* . Curt Akenon

*Community Service* . Jim Rathburn  
-Rita Pechmann

*Vocational Service* . Dale Grambush  
. Fred Treiber

*Club Service* . . . . . Greg Young  
. Ken Baltzer

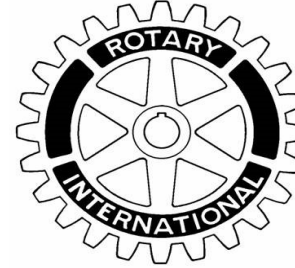
*International* . . . Fred Treiber  
. Jim Hunt

*Youth Protection* . . Gene Altstatt/Greg Bartz

*Youth Exchange* . . Tin Wald

*Bulletin Writers* . . . Mark Sather  
Darrell Stone  
Greg Young  
Rita Pechmann  
Dick Galena  
Bob Timmons  
Cathy Wyland  
Jackie Reis

*Invocations* . . . . Rich Ramsay  
Bill Rust  
Bob Gehrke  
Steve LaLiberte  
Rita Pechmann  
Bill Eaves  
Steven Griffith



*Rotary Club of White Bear Lake*  
*Chartered in December 1979*

*Meetings*  
*Wednesday at 7:00 A.M.*  
*Rudy's Redeye Grill*



### ANNOUNCEMENTS

Help load a truck with food donations collected by the US Postal Service Saturday, May 11. Sign up with **Jim Rathburn** for this **Stamp Out Hunger** activity.

Food vendor team members are needed for **Taste of WBL**, which will be Saturday, Sept. 7. Contact Pat McClernon.

Consider attending **Spring into Horticulture** at Century College, 11 AM-2 PM, Saturday, April 20.

Please join **Bob Morse**, who is hosting a table at the White Bear Center for the Arts, **Heart for Art** event Thursday, May 9.

Volunteer at Rotary Nature Preserve , 8-11 AM, Saturday, May 4. **This Arbor Day activity** will include mulching, trash pick-up and tree branch trimming. Next year's effort will focus on pollinator plants. (Contact Bryan Belisle)

Thank you from **Rob Weber** to the volunteers who helped with the April 6 **STRIVE Run**. The race included two former STRIVE recipients among the 133 runners.

### April 17, 2019

**Greeters: Pat McClernon & Barb Duffrin**

**Classification: Fred Treiber**

**Invocation: Bill Rust**

**Writer: Darrell Stone**

**Program: Pat McFarlane presents:  
Dr. Michael Lovett, “Uganda Update”**

**Ken Baltzer: Song**

#### DO RE MI

*Doe, a deer, a female deer;  
Ray, a drop of golden sun;  
Me, a name I call myself;  
Far, a long, long way to run;  
Sew, a needle pulling thread;  
La, a note to follow sew;  
Tea, a drink with jam and bread;  
That will bring us back to do-oh-oh-oh!*

